

Striking and Fielding

Key Vocabulary for Striking and Fielding

Striking - to hit or kick.

Fielder – an opponent of the striker.

Target - a person, object, or place selected as the aim of an attack.

Opponent - someone who competes with or opposes another in a contest or game.

Teammate – a player with the same aims and outcomes as you.

Runs - batters running between the wickets to score points.

Batter – a player who strikes the ball with a bat.

Bowler – a play who throws the ball for the batter to hit.

Pillars

Motor Competence - having a secure repertoire of fundamental movement skills and techniques that form increasingly complex movement patterns and sequences within domain-specific contexts.

Rules, Strategies and Tactics - having an increasingly complex tactical knowledge, knowledge of context-specific rules, conventions, regulations and strategies and knowing how to be successful across a range of activities and sports.

Healthy Participation - understanding and demonstrating how to safely prepare and participate in increasingly specific contexts, and the short-term and long-term impacts of sport and physical activity.

Invasion

Key Vocabulary for Invasion

Send – move the ball to a teammate.

Chest pass – passing the ball from chest height.

Bounce – use the ground to move the ball up and down.

Pass – giving a teammate the ball.

Goal – scoring a point for your team.

Dodge – to move out of the path of a ball.

Defence – players who stop the opponents from scoring points.

Attack – players who aim to score points.

Possession – having control of the ball as a team.

PE Year 2: Summer 2

Key Knowledge for Striking and Fielding

Striking: understand the role of a batter. Know that striking quickly will increase the power.

Fielding: understand that there are different roles within a fielding team. Know to move towards the ball to collect it to limit a batter's points.

Throwing: know that stepping with opposite foot to throwing arm will help me to balance.

Catching: know to use wide fingers and pull the ball in to my chest to help me to securely catch.

Tactics: understand and apply simple tactics for attack (batting) and defence (fielding).

Rules: know how to score points and follow simple rules.

Key Skills for Striking and Fielding

Striking: develop striking a ball with their hand and equipment with some consistency.

Fielding: develop tracking a ball and decision making with the ball.

Throwing: develop coordination and technique when throwing over and underarm.

Catching: catch with two hands with some coordination and technique.

Key Questions

Striking and Fielding

How do we use our feet when throwing?

What are the different types of throw?

What is the role of a fielder?

What is the role of the bowler?

How can we get the batter out?

How can a batter score more points?

How does dishonesty and cheating make us feel?

Invasion

Why do we shake hands after a game?

What is possession?

How do we know our teammate is ready to receive?

How do we play fairly?

What is an interception?

How do we defend successfully?

What makes a good teammate?

Key Knowledge for Invasion

Sending & receiving: know to control the ball before sending it.

Dribbling: know that keeping my head up will help me to know where defenders are.

Space: know that moving into space away from defenders helps me to pass and receive a ball.

Attacking: know that when my team is in possession of the ball, I am an attacker and we can score.

Defending: know that when my team is not in possession of the ball, I am a defender and we need to try to get the ball. Know that standing between the ball and the attacker will help me to stop them from getting the ball.

Tactics: understand and apply simple tactics for attack and defence.

Rules: know how to score points and follow simple rules.

Key Skills for Invasion

Sending & receiving: developing s&r with increased control.

Dribbling: explore dribbling with hands and feet with increasing control on the move.

Space: explore moving into space away from others.

Attacking: developing moving into space away from defenders.

Defending: explore staying close to other players to try and stop them getting the ball.