

Cricket

Key Vocabulary for Cricket

Fielders – opponents of the batter who collect the ball for their team to avoid conceding runs.
Backing up – walking towards the batter, slowly, as the bowler prepares to bowl.
Outwit – using tactics to score runs.
Striking – hitting the ball with the bat.
Tracking – following or anticipating the path of the ball.
Bowling – throwing the ball to the batter.
Phalanges - the large bones found in fingers and toes.
Sweep shot - a shot used to play a low flighted ball using a side sweeping motion.
Drive – hitting the ball on the upwards swing, following through the shot.

Key Knowledge for Cricket

Striking: understand that stance is important to allow me to be balanced as I hit.
Fielding: know that backing up a fielder as a ball is being thrown will help to increase the chances of fielding successfully.
Throwing: understand where to throw the ball in relation to where a batter is.
Catching: understand when to use a close catch technique or deep catch technique.
Tactics: understand the need for tactics and identify when to use them in different situations.
Rules: understand and apply rules in a variety of striking and fielding games whilst playing and officiating.

Key Skills for Cricket

Striking: explore defensive and driving hitting techniques and directional batting.
Fielding: develop over and underarm bowling technique. Develop long and short barrier and two handed pick up.
Throwing: demonstrate good technique when using a variety of throws under pressure.
Catching: explore catching skills (close/deep and wicket keeping) and apply these with some consistency in game situations.

Pillars

Motor Competence - having a secure repertoire of fundamental movement skills and techniques that form increasingly complex movement patterns and sequences within domain-specific contexts.

Rules, Strategies and Tactics - having an increasingly complex tactical knowledge, knowledge of context-specific rules, conventions, regulations and strategies and knowing how to be successful across a range of activities and sports.

Healthy Participation - understanding and demonstrating how to safely prepare and participate in increasingly specific contexts, and the short-term and long-term impacts of sport and physical activity.

PE Year 5: Summer 2

Key Questions

Cricket

How does communication impact upon a game?
How does the speed you release the ball affect its power?
What is the most effective batting technique?
Why is support and encouragement an important part of cricket?
How do we bowl a ball accurately?
When is it best to use each shot in a game?
Which external factors affect the fielding technique used?

OAA Teambuilding

What makes a good leader?
What are teamwork skills?
How does planning help us to problem solve?
What is the impact of being inclusive?
What are the key safety considerations when orienteering?
How does a key on a map help with orienteering?

OAA Teambuilding

Key Vocabulary for OAA Teambuilding

Communication – talking to your team mates, discussing tactics.
Collaborate – to work together as a team.
Collective – gather information from check points.
Navigation – using a compass and instructions, reaching a specific check point.
Tactical – use tactics to formulate a plan.
Control card – a card used to mark the check points you have reached.
Orienteering – navigating between checkpoints using a map.
Obstacle – an object placed strategically on the map.
Friendship – developing a position relationship with a team mate.

Key Knowledge for OAA Teambuilding

Problem solving: recognise that there may be more than one way to solve a challenge and that trial and error may help to guide me to the best solution.
Navigational skills: use a key to identify objects and locations. **Communication:** know to be descriptive but concise when giving instructions e.g. 'two steps to the left'.
Reflection: reflect on when I am successful at solving challenges and alter my methods in order to improve.
Rules: know that abiding by rules will enable my classmates to complete the course e.g. not moving controls.

Key Skills for OAA Teambuilding

Problem solving: explore tactical planning within a team to overcome increasingly challenging tasks.
Navigational skills: develop navigational skills and map reading in increasingly challenging tasks.
Communication: explore a variety of communication methods with increasing success.