

RSHE: Me, my friends and belonging
Year 3: Autumn 2

Key Vocabulary

Friendships	The state of being friends.
Challenge	To call someone to account or question.
Positive	Having a good effect on someone/something.
Secret	Something kept quiet or hidden.
Change	To make something different.
Loneliness	The act of being alone.
Trustworthy	To be relied on to do what they said they would do.
Reliable	To not let people down.

Website Links

Free Y3 RSHE (PSHE) Lesson & Curriculum Resources | Oak National Academy

What is friendship? - BBC Bitesize

Concepts

Relationships and Respect
This is a concept that refers to the ability to value and honour another person and being accepting of others regardless of their attitudes or their beliefs. Children will also explore the relationships between family and friends and develop an understanding of what healthy relationships are.

Key questions

- What does a good friendship look like?
- What are good and bad secrets?
- Why is being reliable important in a friendship?
- What are some of the challenges in friendships?
- How can being trustworthy affect friendships?
- Can you name some positive traits of your friends?