

RSHE: Exploring ways to manage risk
Year 4: Autumn 2

Key Vocabulary

Medicine	A substance, especially a drug, used to treat the signs and symptoms of a disease, condition, or injury.
Risk	The possibility of suffering harm or loss; danger.
Caffeine	A bitter white alkaloid, found in certain plants such as cacao, coffee, kola, and tea, that stimulates the central nervous system and body metabolism
Safety	The condition of being safe; freedom from danger, risk, or injury.
Pedestrian	A person traveling on foot; a walker.
Hazard	Risk or danger.
Bonfire	A large fire built outdoors, as for signaling or in celebration of an event.
Firework	A combustible or explosive pyrotechnic that create a striking visual display.

Concepts

Safety
The concept of safety is the condition of being safe; freedom from danger, risk, or injury, both inside the home and within the community. These include being physically and emotionally safe, as well as online safety.

Health and Growth
This concept explores healthy lifestyles and habits, in which pupils learn about diet, feelings, change and loss and strategies for self-regulation. It explores physical and emotional changes, mental wellbeing, basic first aid, human development, including puberty.

Website Links

https://families.barnardos.org.uk/child-and-family-safety/safety-inside-the-home

https://www.scouts.org.uk/activities/boss-the-green-cross-code/

Key Questions for Online Safety

- How do we identify if something is a risk?
- How do we risk assess our actions?
- What impact does smoking have on our health?
- How do we safely cross a road?
- Are medicines always good?