

Whole School PE Overview

| | Aut 1 | Aut 2 | Spr 1 | Spr 2 | Sum 1 | Sum 2 |
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| Rec | Fundamentals within provision Motor competence and healthy participation | | Multi skills using bean bags Motor competence; rules, strategies and healthy participation | Multi skills using hoops Motor competence; rules, strategies and healthy participation | Maypole dancing Basic gymnastic skills Motor competence; strategies and healthy participation | Ball skills Motor competence; rules, strategies and healthy participation |
| Y1 | Yoga Motor competence and healthy participation | Gymnastics Motor competence; strategies and healthy participation | Fitness Motor competence and healthy participation | Dance Motor competence; strategies and healthy participation | Striking and Fielding Motor competence; rules, strategies and tactics and healthy participation | Athletics Motor competence; rules, strategies and tactics and healthy participation |
| | Fundamentals Motor competence; strategies and healthy participation | Team Building Motor competence; strategies and tactics and healthy participation | Ball Skills Motor competence; rules, strategies and tactics and healthy participation | Sending and Receiving Motor competence; rules, strategies and tactics and healthy participation | Net and Wall Motor competence; rules, strategies and tactics and healthy participation | Invasion Motor competence; rules, strategies and tactics and healthy participation |
| Y2 | Team Building Motor competence; strategies and tactics and healthy participation | Yoga Motor competence; strategies and healthy participation | Dance Motor competence; strategies and healthy participation | Gymnastics Motor competence; strategies and healthy participation | Athletics Motor competence; rules, strategies and tactics and healthy participation | Striking and Fielding Motor competence; rules, strategies and tactics and healthy participation |
| | Fundamentals Motor competence; strategies and healthy participation | Ball Skills Motor competence; rules, strategies and tactics and healthy participation | Fitness Motor competence; strategies and healthy participation | Sending and Receiving Motor competence; rules, strategies and tactics and healthy participation | Net and Wall Motor competence; rules, strategies and tactics and healthy participation | Invasion Motor competence; rules, strategies and tactics and healthy participation |
| Y3 | Athletics | Gymnastics | Dance | Yoga | Fitness | Striking and |

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| | Motor competence; rules, strategies and tactics and healthy participation | Motor competence; strategies and healthy participation | Motor competence; strategies and healthy participation | Motor competence; strategies and healthy participation | Motor competence; strategies and healthy participation | Fielding - Cricket Motor competence; rules, strategies and tactics and healthy participation |
| | Team Building - OAA Strategies and tactics and healthy participation | Invasion - Netball Motor competence; rules, strategies and tactics and healthy participation | Fundamentals Motor competence; rules, strategies and healthy participation | Invasion - Handball Motor competence; rules, strategies and tactics and healthy participation | Target - Dodgeball Motor competence; rules, strategies and tactics and healthy participation | Net and Wall - Tennis Motor competence; rules, strategies and tactics and healthy participation |
| Y4 | Invasion - Hockey Motor competence; rules, strategies and tactics and healthy participation | Invasion - Football Motor competence; rules, strategies and tactics and healthy participation | Gymnastics Motor competence; rules, strategies and healthy participation | Ball Skills Motor competence; rules, strategies and tactics and healthy participation | Dance Motor competence; rules, strategies and healthy participation | Striking and Fielding - Rounders Motor competence; rules, strategies and tactics and healthy participation |
| | Swimming Motor competence; rules, strategies and healthy participation | Swimming Motor competence; rules, strategies and healthy participation | Team Building - OAA Motor competence; strategies and healthy participation | Athletics Motor competence; rules, strategies and tactics and healthy participation | Net and Wall - Tennis Motor competence; rules, strategies and tactics and healthy participation | Target - Golf Motor competence; rules, strategies and tactics and healthy participation |
| Y5 | Gymnastics Motor competence; rules, strategies and healthy participation | Invasion - Tag Rugby Motor competence; rules, strategies and tactics and healthy participation | Fitness Motor competence; strategies and healthy participation | Dance Motor competence; rules, strategies and healthy participation | Invasion - Handball Motor competence; rules, strategies and tactics and healthy participation | Striking and Fielding - Cricket Motor competence; rules, strategies and tactics and healthy participation |
| | Athletics Motor competence; rules, strategies and tactics and healthy participation | Invasion - Netball Motor competence; rules, strategies and tactics and healthy participation | Yoga Motor competence; rules, strategies and healthy participation | Target - Dodgeball Motor competence; rules, strategies and tactics and healthy participation | Net and Wall - Badminton Motor competence; rules, strategies and tactics and healthy participation | Team Building - OAA Motor competence; rules, strategies and tactics and healthy participation |

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| Y6 | Dance Motor competence; rules, strategies and healthy participation | Target - Golf Motor competence; rules, strategies and tactics and healthy participation | Team Building - OAA Motor competence; rules, strategies and tactics and healthy participation | Gymnastics Motor competence; rules, strategies and healthy participation | Fitness Motor competence; strategies and healthy participation | Striking and Fielding - Rounders Motor competence; rules, strategies and tactics and healthy participation |
| | Athletics Motor competence; rules, strategies and tactics and healthy participation | Invasion - Basketball Motor competence; rules, strategies and tactics and healthy participation | Invasion - Tag Rugby Motor competence; rules, strategies and tactics and healthy participation | Invasion - Hockey Motor competence; rules, strategies and tactics and healthy participation | Net and Wall - Tennis Motor competence; rules, strategies and tactics and healthy participation | Net and Wall - Volleyball Motor competence; rules, strategies and tactics and healthy participation |

Motor competence; rules, strategies and tactics and healthy participation

Motor competence; rules, strategies and healthy participation

Motor competence; strategies and healthy participation

Motor competence; rules, strategies and healthy participation

Motor competence; strategies and tactics and healthy participation

Motor competence and healthy participation