



RSHE: Physical Health

Year 6: Spring 1

Key Vocabulary

drugs	A substance used to cure or heal; can be addictive.
illegal	Forbidden by law, especially criminal law.
alcohol	A drink (as beer, wine, or whiskey) containing ethanol.
tobacco	A plant with large, sticky leaves that are smoked or chewed.
addictive	Something someone depends on, and is hard to give up, such as a drug or alcohol.
misinformation	False or inaccurate information, especially that which is deliberately intended to deceive.
genuine	Truly what something is said to be; authentic.
fake news	False or misleading information presented as news.
vaccination	A substance used to provide immunity against one or several diseases.
hazard	A danger or risk.
environment	The surroundings or conditions in which a person, animal, or plant lives or operates.

Key Questions

- * Why do some people take drugs?
- * What is a drug?
- * Are drugs bad?
- * Are drugs illegal?
- * Why do people drink alcohol?
- * Why do people smoke and why is it bad for your health?
- * If someone tries to make you do something that you don't want to, such as smoking or drinking alcohol, how can you say no?
- * Where should I get my health information?

Concepts

Safety - The concept of safety is the condition of being safe; freedom from danger, risk, or injury. These include being physically and emotionally safe, as well as online safety.