



RSHE: Friendships

Year 3: Spring 2

Key Vocabulary

trust	A firm belief in the character, ability, strength, or truth of someone or something.
honesty	The quality or state of being honest.
generosity	To show kindness towards others.
interests	The feeling of wanting to know or learn about something or someone.
experiences	An event or occurrence which leaves an impression on someone.
support	To give approval, comfort, or encouragement.
problems	A matter or situation regarded as unwelcome or harmful and needing to be dealt with and overcome.
welcome	A pleased or approving reaction.
Ramadan	The ninth month of the Muslim year, during which strict fasting is observed from dawn to sunset.
discrimination	The unjust or prejudicial treatment of different categories of people, especially on the grounds of race, age, sex, or disability.
gay	A person who is attracted to people of the same sex.
straight	A term used to refer to a heterosexual person.
gender	Whether you identify as a man, woman, both or neither.

Key Concepts

Diversity – The concept of diversity encompasses acceptance and respect. It means understanding that each individual is unique, and recognising our individual differences. These can be along the dimensions of race, ethnicity, gender or religious beliefs.

Relationships - This concept focuses on relationships between family and friends. Friendships are unpicked, to understand what a good friendship looks like, understanding why people are unkind and accepting friends for who they are, even when going against social stereotypes.

Key Questions

- What makes a good friend?
- Can you think of a time when you were a good friend?
- What did you do to be kind?
- Have you ever been a bad friend?
- What could you do better next time?
- Are all friends the same?
- What is discrimination?
- Why do people discriminate against others?
- Are there more differences or similarities between people?

Web link

<https://www.kidscape.org.uk/advice/advice-for-young-people/friendships-and-frenemies/what-makes-a-good-friend/>